Mark 7:14-30 outline

1. How do you assess yourself?

Man made laws and traditions are out, but sin comes from the heart

- 2. Why are food laws unimportant according to Jesus?
- 3. But what is more of a serious problem according to Jesus?

v15, v20-23

- 4. Do you think what Jesus is saying about sin is realistic? Why does the world not think this way?
- 5. Can you spot the two natures living within you which Romans 7:21-25 also highlights?

"So I find this law at work: Although I want to do good, evil is right there with me. 22 For in my inner being I delight in God's law; 23 but I see another law at work in me, waging war against the law of my mind and making me a prisoner of the law of sin at work within me. 24 What a wretched man I am! Who will rescue me from this body that is subject to death? 25 Thanks be to God, who delivers me through Jesus Christ our Lord!" Romans 7:21-25

6. In v24-30 what can we learn from the Syrophoenician woman?

Prayer of humble axis in the Common Book of Prayer

"We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen."

- 7. Can you spot this woman being written into this prayer?
- 8. Where should I take my heart for treatment? What might I expect? What do you fear?